
















SPRING 2012					
w/c 30 th Jan					
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu					
Main Meal	Salmon with a Lemon and Dill Sauce with New Potatoes	Jacket Potato with Cheese and Beans	Chicken and Sweetcorn topped Pie with Roasted New Potatoes	Roast Turkey with Roast Potatoes	Butcher Sausages with BBQ Sauce and Chips
Vegetables & Potatoes	Broccoli and Sweetcorn	Garden salad	Swede and Green Beans	Peas and Carrot Batons	Peas and Sweetcorn
Vegetarian Meal	Leek and Mushroom Pasta Bake	Jacket Potato with Cheese and Beans	Vegetable Chilli	Vegetable Moussaka	Veggie Sausages
Pudding	Chocolate Crunch with Pink Custard or Fresh Fruit	Cherry Biscuits or Fresh Fruit	Banana Sponge with Custard or Fresh Fruit	Fresh Fruit	Iced Buns

SPRING 2012					
w/c 23 Jan					
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu					
Main Meal	Sausage Plait with New Potatoes	Roast Beef & Yorkshire Pudding	Chicken and Basil Pasta in a Tomato Sauce	Pork Sausages with Creamy Mash and Gravy	Fish Cake with Chips
Vegetables & Potatoes	Peas and Broccoli	Sliced Carrots and Cabbage	Green Beans and Sweetcorn	Carrots and Peas	Baked Beans or Sweetcorn
Vegetarian Meal	Vegetable Strudel	Yorkshire Filled with Vegetables	Cheese and Potato Bake	Quorn Mince Hotpot	Mixed Pepper Flan
Pudding	Syrup Sponge with Custard or Fresh Fruit	Fresh Fruit	Ginger Biscuits	Rice Pudding with Strawberry Sauce or Fresh Fruit	Shortbread or Fresh Fruit






SPRING 2012

w/c 16 January

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu					
Main Meal	Sweet and Sour Chicken with Rice	Pasta Bolognaise with Penne Pasta	Turkey Strips in a Mushroom Sauce with New Potatoes	Roast Pork with Apple Sauce and Roast Potatoes	Cheese and Ham Pizza with Chips
Vegetables & Potatoes	Sliced Carrots and Peas	Broccoli and Sweetcorn	Green Beans and Carrot Batons	Cabbage and Swede	Baked Beans or Garden Peas
Vegetarian Meal	Roasted Vegetable Cous Cous	Macaroni Cheese	Vegetable Crumble	Stir Fry Vegetables	Cheese and Tomato Pizza
Pudding	Fresh Fruit	Jam Sponge with Strawberry Custard or Fresh Fruit	Cherry and Apple Crumble with Custard or Fresh Fruit	Homemade Strawberry Yoghurt or Fresh Fruit	Yum Yum Cookies

SPRING 2012

W/C 6 Feb

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu					
Main Meal	Meatballs in a Basil & Tomato Sauce with Pasta	Roast Gammon	Quirky Berky Burger	Cottage Pie	Jumbo Fish Fingers
Vegetables & Potatoes	Broccoli and Sweetcorn	Green Beans and Cabbage & Roast Potatoes	Peas and Sweetcorn with Wedges	Green Beans and Carrots	Baked Beans, Peas and Chips
Vegetarian Meal	Penne Pasta with a Chunky Tomato & Vegetable Sauce	Cauliflower Cheese	Spring Onion & Cheese Quiche	Vegetable Lasagne	Veggie Burgers
Pudding	Chocolate Sponge with Chocolate Sauce or Fresh Fruit	Mandarin Orange Jelly or Fresh Fruit	Custard style Yoghurt or Fresh Fruit	Flapjack and Custard	Fresh Fruit Salad